## **Employee Spotlight**

#### Congratulations to Devin Vaughan.

Devin Vaughan, 9, made the Rideau St. Lawrence Major Atom AA Kings as a goalie. He is the son of Nancy Vaughan, who is in charge of Purchasing and Procurement at Chevron Construction.



# History of Halloween

The origin of Halloween dates back thousands of years ago. The Celts, who lived in what is now Ireland, the United Kingdom and Northern France, celebrated a festival called Samhain (sow-in). This festival, celebrated October 31, marked the night before their new year. This was the night the Celts believed ghosts returned to earth, damaging crops and causing havoe. To commemorate the event, everyone gathered around sacred bonfires, wearing costumes (typically made of animal heads and skins) and attempted to tell each others fortune. Cont'd at www.ehevroneonstruction.com



Chevron Construction would like to wish everyone a safe and happy Halloween.

#### Did you know?

...the "contagious yawning effect" is due to our ability to emphasize? *Recent finding:* Many people yawn after someone near them yawns. Nearly every kind of animal yawns, but only primates, including gorillas and apes, mirror each other's yawns.

...contestants who perform later in competitions are rated more positively than those who perform earlier? Known as the "serial position effect," this can be applied to daily life. For example, when scheduling a job interview, ask to be one of the last candidates seen to increase your chances of getting the job.

...frequent flier miles can be used for space travel? Starting in 2008, 2 million Virgin Atlantic frequent-flier miles will land you a seat on the Virgin Galactic space flight. The flight's cost will be \$200000 without frequent-flier miles.

-from Bottom Line Personal

### Tom Beach Memorial Dart Tournament

In memory of Paul Watt's brother-in-law, a memorial dart tournament was created to raise money in support of diabetes research. The tournament that began three years ago has raised over \$3000 so far. We were pleased to donate some prizes to the tournament for the third year. The tournament takes place every September.

#### What's been said?

"Ah, to build, to build! That is the noblest of all the arts."

-Henry Wadsworth Longfellow





### The Red George Pub

Renovations are sometimes the only thing you need to make a space useful again. This is why the Red George Public House Inc. decided to turn an old pickle factory into a historic pub. This 3000 sq. ft. renovation included converting an existing space into a more useful establishment. It was important that during construction the building was restored as much as possible to conserve the buildings heritage. Prior to this project the building was used as a pickle factory, a lifesavers factory and most recently the Moran-Hooker building.

The Red George Pub is in a restored heritage building located on Water Street in Prescott. The patio looks out toward the St. Lawrence River. A select menu will be offered to patrons. Please visit www.redgeorge.com for more information.

For more photos and details on the construction of this project please visit us at www.chevronconstruction.com.







Project Details:
Location: Water Street,
Prescott, ON
Scope: Tenant fit-up
Size: 3000 sq. ft.
Owner:Red George Public House
Inc.
Project Manager: Jim Annable

Superintendent: Maynard

VanderVelde

P.O. Box 464 Brockville, ON K6V 5V6



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### Top 10 things you can do at work to help the planet

Most of us spend a third of our day at the office - and that's not counting the commute. Apply these energy-saving tips in the workplace to reduce stress on yourselves and the planet.

- 1. Turn off the lights.
- 2. Get off mailing lists.
- 3. Put your monitor to sleep.
- **4**. Use the stairs.
- **5.** Make your printer's toner last.
- 6. Providing incentives for commuters.
- 7. Recycle and reuse paper.
- **8.** Puchase 100% post-consumer waste, chlorine-free paper.
- 9. Recylce and reuse office supplies.
- 10. Curb phantom electricity.

#### What's so funny?



Remember to visit our website to find out more information about our services and how we can help you!

#### www.chevronconstruction.com

### Revitilize Space

Revitalizing poorly utilized space can help maximize your buildings efficiency without the heavy cost of expansion. Sometimes the obvious gets overlooked. Here are some cost-effective ways to increase useable space without breaking ground.

Add a mezzanine. A mezzanine can become a useful space for office storage or manufacturing, by utilizing unused headroom.

an unuseable space into something more useful.

Refurbish inefficient spaces. Turn Add a new loading dock. Adding a new loading dock can improve the traffic flow in an existing building.



This mezzanine at Upper Canada Motors is used for additional office space.



Unused office space is converted to a pub. See article on The Red George for more info.



New loading docks at 3M.

#### Test your "smarts"

- 1) Which is not one of the top five most popular doughnuts at Tim Horton's?
  - a) Raised Maple
  - b) Sour Cream
  - c) Apple Fritter
  - d) Boston Cream
- 2) After the Centre Block on Parliament hill burned to a crisp in 1916, in which type of building was the government temporarily housed?
  - a) Museum
  - b) Morgue
  - c) Former brothel
  - d) Armoury
- 3) Which of the following cannot be found in the West **Edmonton Mall?** 
  - a) A chapel
  - b) A giant Pacific octopus

  - c) An exact replica of Columbus's Santa Maria
  - d) The world's largest Ketchup bottle
- 4) The length of a marathon used to be 26 miles but was increased to today's standard length of 26 miles and 386 yards due to:
  - a) the British royal family
  - b) A surveying mistake
  - c) Souvenir stands
  - d) TV cameras
- 5) Which of the following is not a palindrome?
  - a) Trapeze part
  - b) Live not on evil
  - c) Was it a car or a cat I saw
  - d) Do geeses see god?

For the answers please refer to our website at:

www.chevronconstruction.com



#### Don't bring chemical hazards home!

You love your family and you wouldn't do anything to hurt them, would you? But thousands of workers around the country have done just that. They didn't mean to, of course. They had no idea that they were actually poisoning their kids and spouses. But they did so nevertheless. How? Without realizing it, they brought hazardous chemicals from work home with them.

#### How your home can become contaminated.

- 1. Work Clothing. Chemicals on your clothes and shoes can rub off onto furniture or carpets. If work clothes are laundered with the family wash, everyone's clothes can become contaminated.
- 2. Tools and Equipment. Chemicals can also adhere to tools and equipment. If you bring them home - even just into your workshop - you could be spreading chemical contamination to your family.
- 3. Other items from work. Contaminated items from work, such as bags, boxes, rags, metal drums, and scrap lumber, can cause serious or fatal poisonings of family members.
- 4. Your body. If you work with or around hazardous chemicals and you don't wash carefully before leaving work, you could bring these chemicals home on your hair, hands and skin.

#### How to prevent home contamination.

- 1. Change out of contaminated clothing and wash thoroughly with soap and water before going home.
- 2. Leave soiled clothes at work to be laundered.
- 3. Store street clothes separate from work clothes and away from any possibly chemical contaminants.
- 4. Dont bring home any object from work that might be contaminated.